

## MENTALLY HEALTHY

**COPEs: Community Outreach Psychiatric  
Emergency Services**  
(918) 744-4800

**DVIS (Domestic Violence Intervention Services)**  
3124 E. Apache St.  
(918) 585-3163 or 7-Help-me

**Family & Children's Services**  
650 S. Peoria Ave.  
(918) 587-9471

**Safe Coping Group**  
See Mental Health Specialist

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## PHYSICALLY HEALTHY

**Community Health Connections**  
9912 E. 21st St.  
(918) 622-0641

**Morton Clinic**  
1334 N. Lansing Ave.  
(918) 587-2171

**Tulsa Health Department**  
315 S. Utica Ave.  
(918) 582-9355

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## FAMILIES CONNECTED TO OTHERS

**Tulsa City-County Library**  
400 Civic Center  
(918) 549-7323

**Tulsa Kids Magazine**  
1622 S. Denver Ave.  
(918) 582-8504

## CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

### PROGRAMS

- » Child Abuse & Trauma Treatment
- » Family Preservation, Visitation & Reunification
- » Children's Counseling & Mental Health Services
- » Counseling for Adults & Families
- » Mental Health & Addiction Treatment for Adults
- » Psychiatry & Pharmacy
- » Women in Recovery
- » Family Life Education & Parenting Programs
- » Marriage Enrichment Programs
- » Divorce Adjustment Services
- » Crisis Intervention

## Family & Children's Services EARLY CHILDHOOD PROGRAM RESOURCE GUIDE



Family & Children's Services  
Early Childhood Program  
11740 East 21st Street  
Tulsa, Oklahoma 74129  
918.437.9495  
[www.fcsok.org](http://www.fcsok.org)



**FAMILY SUPPORT SERVICES OFFERS FAMILIES OPPORTUNITIES FOR GROWTH AND ASSISTANCE WHILE HELPING THEM MEET THEIR GOALS.**



**EDUCATION/EMPLOYMENT**

**Community Action Project Career Advance-ESL**  
4606 S. Garnett Road  
(918) 382-3295

**Tulsa Community Work Advance**  
907 S. Detroit Ave., Suite 830  
(918) 442-2200

**Union Public Schools Adult Education**  
7616 S. Garnett Road  
(918) 357-7040

**Workforce Tulsa Eastgate Center**  
14002 E. 21st St., Suite 1030  
(918) 796-1200

**PARENTING**

**Childcare Resource Center**  
16 E. 16th St., Ste 202  
(918) 834-2273

**Family & Children's Services: 1, 2, 3, 4 Parenting**  
650 S. Peoria Ave.  
(918) 560.1114

**Parenting Information**  
[www.zerotothree.org](http://www.zerotothree.org)

**Text for Babies**  
[www.text4baby.org](http://www.text4baby.org)

**ENGAGEMENT IN CHILD'S LEARNING**

**Community Action Project**  
Class Volunteer

**School Socials**  
See your Family Support Team  
» Family Connections

- » Male Involvement
- » Policy Council
- » School Celebrations

**HEALTHY RELATIONSHIPS**

**Family and Children's Services: Forever for Real**  
650 S. Peoria Ave.  
(918) 587-9471

**Relationship Information**  
[www.projectrelate.com](http://www.projectrelate.com)

**STABLE AND AFFORDABLE HOUSING**

**Habitat For Humanity**  
6235 E. 13th St.  
(918) 592-4224

**Tulsa Housing Authority**  
415 E. Independence St.  
(918) 582-0021

**Tulsa Housing Search**  
<http://tulsahousingsearch.org/>  
(918) 428-8844

**FINANCIALLY SECURE**

**Birthright of Tulsa**  
6600 S. Yale Ave. #1307  
(918) 481-4884

**Emergency Infant Services**  
9910 E. 42nd St.  
(918) 528-2469

**Harvest House/Rivergate Church**  
1439 E. 71st St.  
(918) 884-7667

**Helping Hands**  
700 S. Boston Ave.  
(918) 584-6923

**Neighbor for Neighbor**  
505 E. 36th St. N.  
(918) 425-5578

**Restore Hope Ministries (Rent Hotline)**  
2960 Charles Page Blvd.  
(918) 878-7999

**Salvation Army**  
102 N. Denver Ave.  
(918) 582-5766

**South Tulsa Community House**  
5780 S. Peoria Ave.  
(918) 742-5597

**Tulsa County DHS**  
444 S. Houston Ave.  
(918) 581-2114

**FOOD RESOURCES**

**Guts Church**  
9120 E. Broken Arrow Expy  
(918) 622-4422

**Iron Gate**  
501 S. Cincinnati Ave.  
(918) 359-9001

**John 3:16**  
506 N. Cheyenne Ave.  
(918) 587-1187

**TRANSPORTATION**

**Car Care Clinic**  
200 W. 46th St. N.  
(918) 938-6444

**Tulsa Transit Lift Program**  
510 S. Rockford Ave.  
(918) 592-5438

